Salish Regional FYSPRT Annual Work Plan (2025-2026)

Developed November-December 2024

The plan outlined below reflects the results of the 2024 Annual Needs Assessment and Salish FYSPRT membership. The results of the survey have been compiled and reviewed and are posted on the Salish-FYSPRT website at https://www.salish-bhaso-fysprt.org. The plan below is a result of the collaborative effort of all FYSPRT voices.

Goals	• **Increase Community awareness and participation in the Salish Regional FYSPRT program.** • **Increase outreach to diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations.** • **Increase FYSPRT Tri-leads and FYSPRT membership access to trainings and information about community behavioral health supports.** • **Increase outreach to diverse communities in the Salish region including tribal, urban Indian, and underserved and underrepresented populations.**

Priority 1	
Goal	**Increased community awareness and participation in FYSPRT resulting from attending and hosting outreach events throughout the Salish region.**
Action Steps:	
• **Salish FYSPRT will identify and attend outreach events hosted by regional partners to inform communities about FYSPRT.** • **Salish Regional FYSPRT will host FYSPRT Family Fun events each quarter and invite the community.** • **Salish Regional FYSPRT will attend and participate in outreach events in each county (Clallam, Jefferson, and Kitsap) in 2025-2026** • **Salish FYSPRT will host in person monthly meetings three times a year in each county (Clallam, Jefferson, and Kitsap) to support community connection among the FYSPRT membership**	
1	a) Identify regional outreach opportunities hosted by our community partners. i. Convener, Tri-Leads, and program membership will identify outreach opportunities. ii. Identification of outreach events will be ongoing. iii. Reviews of potential outreach opportunities will be conducted at monthly Tri-Lead meetings.

2	a) Determine which outreach opportunities provide the best opportunities to connect with youth, families, and diverse communities in our region including tribal, urban Indian, and underserved and underrepresented populations. iv. Convener, Tri-Leads, and program membership will identify optimum outreach opportunities. v. Identification of outreach events will be ongoing.
3	b) Complete event registration and planning when required. i. FYSPRT convener will complete registration process and arrange for funding if needed. ii. Registration and funding requirements will be completed as needed for outreach events.
4	c) Salish Regional FYSPRT will coordinate and host quarterly FYSPRT Family Fun events (Jan, Apr, Jul, Oct 2025-2026). i. Convener, Tri-Leads, and membership will identify dates, times, and activities for quarterly events. ii. Convener, Tri-Leads, and membership will secure locations for events, coordinate food and materials for activities, and promote community awareness of events. iii. Convener will arrange funding for quarterly events.
5	d) Salish FYSPRT will transition to having three in person monthly meetings (March, June, and Sept 2025-2026) i. Meetings will rotate counties with each month being a different county ii. Convener and Tri-Leads will identify locations for in person monthly meetings iii. Convener will coordinate location for meetings, food, and materials for in person meetings
6	e) Coordinate FYSPRT representation and resource materials for event. i. Organizing FYSPRT Tri-Leads and membership with lived experience to attend events will be ongoing. ii. Event promotion, resource information, FYSPRT brochures, website information, etc.… will be coordinated and available for each event. Planning efforts for these events will begin approximately six weeks prior to each event and continue until the event is completed. iii. Information about FYSPRT stipend compensation will be provided before, during, and after events.

Priority #1 Quarterly Workplan Update: January- March 2025

- January 25th- Winter Family Fun event at the Sylvan Way library, 25 people attended this event to create their own sensory snow globe and learn about the FYSPRT program.
- February 1st- Port Gamble S'Klallam Tribe Resource fair. TWO Tri-leads and the convenor attended this table to host a table sharing about the program with tribal families.
- February 27th- The Salish Convenor met with members of the Jefferson County Juvenile Justice Teen and shared about the FYSPRT program.

- March 23rd- The Salish FYSPRT hosted its first hybrid monthly meeting at the Jefferson County library with 23 people in attendance and 11 of those attended in person.
- March 29th- Kiwanis Kids Fest in Port Angeles. The Clallam County Tri-lead and the convenor hosted a table at the Kids fest to share about the program.

Priority #1 Quarterly Workplan Update: April- June 2025

- April 10th- FYSPRT Convenor met with the Catholic Community Services Program Supervisors to reintroduce the Salish FYSPRT program and to collaborate on creating an annual training schedule for their team. Materials were provided for the families they work with.
- April 11th- Salish FYSPRT met with the Jefferson County DD staff as well as IDD supporting community providers to share about the FYSPRT program.
- April 16th – The Salish FYSPRT tabled at a Hidden Plain Sight event hosted by the Kitsap Substance Abuse Prevention Coalition
- April 23rd- The convenor, youth trip-leads, and 3 family trip-leads tabled at the DD resource fare in Kitsap County. Materials for the program, program swag, and backpacks were passed out at this event with many families interested in participating in the monthly meetings
- April 29th – The FYSPRT convenor met with the Discovery Behavioral Health Supervisor to create an annual training for staff and to learn more about how the Salish FYSPRT could support WISe families.
- May 1st - The FYSPRT convenor met with the WISe supervisors at Kitsap Mental Health Services to plan annual trainings for staff and to coordinate how to support WISe families as they transition from the WISe program.
- May 21st – FYSPRT tabled at a Hidden in Plain sight event in Kitsap County that was hosted by the Kitsap County Substance Use Prevention Coalition.
- June 3rd – The FYSPRT convenor, a youth tri-lead, and a family tri-lead ran a training on FYSPRT with the Catholic Community Services WISe peers.
- June 7th – FYSPRT attended the Kitsap County Kids Day to share information about the program.
- June 9th – The convenor conducted a training with the Discovery Behavioral Health WISe team.
- June 28th – The Salish FYSPRT hosted a summer Family Fun Event in Clallam County at the Gardiner Community Center. This event offered bird houses and flowerpots to be painted, seeds and dirt to plant in the flowerpots, and lunch for participants. This event hosted 15 people including 2 tri-leads.

Priority #1 Quarterly Workplan Update: July-September 2025

- July 16th- The FYSPRT convenor, the youth tri-leads, and a family tri-lead attended the Kitsap Mental Health Servies WISe all-staff meeting to present on what FYSPRT is and discuss how the two programs can support each other.

- July 19th- The Salish FYSPRT hosted a table at the Kitsap Pride event. Stickers, water, and swag were shared with the community along with information on the program.
- July 30th- The convenor met with the WISe team at Peninsula Behavior Health to share about the FYSPRT program and to discuss how the two programs can collaborate in the future.
- September 26th- The FYSPRT convenor hosted a table at the OESD-114 Schools Safety Event and met with school leadership, local law enforcement, and educators to share about the program.

Priority 2	
Goal	**Transform Salish Regional FYSPRT digital platforms into informative, interesting, and valuable resources.**
Action Steps	
• **Re-design the existing Salish FYSPRT website including information and resource content, website format changes, increased color, and other visual appeals.** • **Increase utilization of Facebook and/or other social media to reach all populations and increase FYSPRT event awareness.** • **Create a new Salish FYSPRT website to include information such as: resources, community events, training opportunities, and access to stipend forms.**	
1	a) Implement modifications to the existing Salish FYSPRT website to make it a more visually appealing and informative experience. *i.* Convener will work with Salish BH-ASO staff to incorporate changes that will enhance visiting the Salish FYSPRT website. ii. Implementation of a "website visitor survey" offered to each website visitor at time of visit. iii. Implementation of a "Glossary" of commonly used terms and a resources page iv. Convener will ensure ongoing changes and content implementation reflect inputs provided by FYSPRT membership, community feedback, and website visitor survey.
2	b) Increase utilization of Facebook and/or other social media to share FYSPRT related information. i. Convener will ensure both public and private Facebook options are available to community. ii. Salish FYSPRT website will have link to Facebook. iii. FYSPRT event information will be current and available on Facebook.
<u>Priority #2 Quarterly Workplan Update: January- March 2025</u> • The Salish FYPSRT has met with the website developer to begin the process of created a brand-new website for the FYSPRT program.	

- A more accessible feedback form was created and will be added to the FYSPRT website for members to anonymously provide feedback for the program.

Priority #2 Quarterly Workplan Update: April- June 2025

- This quarter, the Salish FYSPRT team began the process of transitioning the current website to a new website being managed by Mark Celletti with MarcoPolo.
- The website is not currently live as this transition is happening, but the FYSPRT team hope to launch the new website in the next quarter.

Priority #2 Quarterly Workplan Update: July- September 2025

- The Salish FYSPRT team and the Salish BH-ASO leadership worked with Mark Celletti with MarcoPolo to transition the old website to a new platform with increased visibility and functionality. We anticipate this new website will be fully launched in quarter four.
- Once the website is live to the public, we will solicit additional feedback from community partners and FYSPRT members. Modifications will be made as necessary.
- The Salish FYSPRT Tri-leads, convenor, and SBH-ASO leadership will continue to work together to make sure the website is easily assessable and serves the needs of the community.

Priority 3	
Goal	**Training and development of Salish FYSPRT Tri-Leads and membership.**
Action Steps	
• **All Salish FYSPRT Tri-Leads will attend at least one training event in 2025 and 2026.** • **FYSPRT youth and family members will attend at least one training in 2025 and 2026.** • **Salish FYPSRT convenor will facilitate team training opportunities for the Tri-Leads**	
1	c) Salish FYSPRT Convener will ensure training opportunities are presented to eligible Tri-Leads and youth and family FYSPRT members and encourage them to attend at least one event in 2025 and 2026 i. Salish FYSPRT Convener will promote the use of available FYSPRT stipend funds to compensate eligible individuals for their time while attending trainings, and pay for related transportation, lodging, meals, and childcare. ii. FYSPRT Convener and Tri-Leads will identify and coordinate guest presenters who are willing to provide training at FYSPRT meetings and events. This will be done on an ongoing basis. iii. Salish FYSPRT convener will identify and compile an active list of ongoing trainings that could be completed that would be available for members and tri-leads

2	d) Salish FYSPRT Tri-Leads and youth and family members will be invited to present information, share lived experience, and practice public speaking at FYSPRT meetings and events. i. Salish FYSPRT Convener will encourage and coordinate with Tri-Leads and youth and family members to present information at Salish FYSPRT events. Events can consist of monthly meetings, outreach events, and quarterly FYSPRT Family Fun events. ii. Salish FYPSRT Convener will encourage and facilitate Tri-leads presenting information on trainings attended to be shared with FYSPRT members at the monthly meetings
3	e) Salish FYPSRT convener will coordinate team trainings opportunities for Tri-Leads and FYSPRT membership i. FYSPRT Tri-leads will attend at least one team training event in 2025 and 2026 ii. Salish FYSPRT Convener will facilitate planning and coordinating team trainings for Tri-leads and youth, and family. Trainings can be in person or virtual. iii. Salish FYPSRT convener will work to increase accessibility of trainings for all Tri-Leads, youth, and families by plannings transportation, paying for lodging, meals, and childcare.

Priority #3 Quarterly Workplan Update: January- March 2025

- The Salish FYSPRT in partnership with the Washington Community Connectors hosted a Serving Groups training for Tri-leads, general members, and the community. Five tri-leads participated in this training as well as 6 general FYSPRT members.
- The monthly meeting agenda has been adjusted to allow space for trip-leads and members to share information from recent training courses they have attended
- Space is allowed at each monthly meeting for members to share about upcoming trainings they have learned about. The FYSPRT convenor shares information for these trainings to the entire membership roster following the monthly meeting.

Priority #3 Quarterly Workplan Update: April- June 2025

- On May 4 FYSPRT members including 3 tri-leads and a general member went to the WSCC Behavioral Health Summit and were able to represent the Salish FYSPRT while also gathering resources and support for themselves as well as sharing at the monthly meeting
- In June, the youth tri-leads and 3 of the family tri-leads attended the Youth Behavioral health conference to learn more about the system of care in Washington and to represent the Salish FYSPRT in those community spaces.

Priority #3 Quarterly Workplan Update: July-September 2025

- Two FYSPRT tri-leads had the opportunity to participate in the Washington State Community Connectors Parents Weekend and represented the Salish FYSPRT in conversations around parents with lived experience supporting children who are engaged in the behavioral health system.
- A family tri-lead and youth Tri-lead attended Coach Approach training in September to learn more about leadership in the behavioral health system.

Priority 4	
Goal	• **Increase outreach to diverse communities in the Salish region including tribal, urban Indian, and underserved and underrepresented populations.**
Action Steps	
• **Links to Native American Tribes in the Salish Region will be included on Salish FYSPRT website.** • **Cultural events from Tribes in the Salish Region will be listed on the Salish FYSPRT website.** • **Invitations to Salish Regional FYSPRT events will be extended to all Tribes in the Salish Region** • **Salish FYSPRT will increase diverse representation: including Tribal, LGBTQ, and BIPOC populations** • **Salish FYPSRT will increase outreach to community schools** • **Salish FYSPRT will increase its outreach to unhoused youth and families**	
1	Convener will ensure the Salish Regional FYSPRT website provides links for underserved and underrepresented communities in our region. Additions and updates of this information will be ongoing.
2	Convener and Tri-Leads will extend invitations to underserved and underrepresented populations to attend and provide presentations at Salish FYSPRT meetings. This activity will be ongoing.
3	Convener will identify outreach opportunities connected to underserved and underrepresented populations in the Salish region. This activity will be ongoing.
Priority #4 Quarterly Workplan Update: January- March 2025 • The Salish convenor and two tri-leads attended a resource fair hosted by the Port Gamble S'Klallam Tribe and interacted with tribal families, providers, and youth. • The Salish Convenor outreached with a program called Community in Schools that provides advocacy and support to youth and their families in the school setting.	
Priority #4 Quarterly Workplan Update: January- March 2025 • The Salish FYSPRT interacted with the IDD population through the DD resource fair in Kitsap County • The Salish FYSPRT attended multiple events focusing on youth with substance use challenges to offer the program as community support.	
Priority #4 Quarterly Workplan Update: July-September 2025	

- The Salish FYSPRT had the opportunity to host a table at the Kitsap County Pride event in July. Tri-leads shared information about the program while also passing out motivational stickers, programmatic swag, and water bottles to attendees of the event